

# MINUTES

## Southern California Regional Assembly

10/8/22 10:00 a.m. PDT

### Officers and Delegates

Chair:	Roxanne B.	x	Secretary:	Roseann R	
Vice Chair:	<i>vacant</i>		Delegate:	Angie M.	x
Treasurer:	Andrea L.	x	Alternate Delegate:	Trudi C	x

### Subcommittee Chairs

Subcommittee	Chair		Visitors	Home Group	
Narateen	Ken K.	x	Jennifer L.	Sec-Fountain Valley	x
Website	Debbie S.	x	Antonio	Sec-Downey	x
Narathon	<i>vacant</i>				
Finance	Trudi C.	x			
Outreach	Dottie M.	x			
Area Service Reps	Chair		Service Positions		
Inland Empire	inactive		Directory updates	Maria F.	
San Diego	inactive		Email list/Group ID	Roxanne B.	x
			Take Back to Meeting	Susan S.	x

So Cal Regional Elections – October 2023

All members of Nar-Anon are welcome. **Voting in a Regional Assembly is done by the CSR, Alternate CSR, or Substitute.** Other members may speak when recognized by the chair.

### Open meeting with Serenity Prayer – 10:08 a.m.

### Recording and Procedure:

- Poll those present. Do we have permission to record this call for those who are not able to attend?
- If approved, then enable call recording (\*91)
- Everyone - please silence your cell phones during the meeting.
- Ensure there is a host/co-host for this meeting.
- Please remain muted. Raise your hand virtually to speak and wait for the host to call on you.
- Ensure there is a secretary for this meeting
- Read the Traditions - Leah
- Read Concepts of Service - Joel
- Read the Service Prayer (below) – Yukiko

God, guide me to serve, grant me to help with your love, humility, and wisdom. Do not let my character defects interfere with my service, that you may speak through me to be just a

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messenger of hope to the relative of the addict who still suffers.

- Roll Call

- **During Roll Call I will announce the role or meeting name, please respond with your first name, last initial and position. Each Group has only (1) vote - by GSR, Alternate GSR or Substitute.**
- Are there any members here today attending for the first time in 2022? Please announce your name, your position & your group.
- Officers, delegates, subcommittee chairs
- Are there any visitors here today? If so, what is your name and home group? (record above)

{July 14 registered – 11 present – Quorum 8-}

Southern California Region 2022		33 Groups in the Region			
<b>Active/Registered T: <u>17</u> In Attendance: <u>13</u> Quorum: <u>9</u> (50% + 1) YES</b>					
<b>Los Angeles</b> (7 groups)			<b>San Diego Area</b> (5 groups)		
*Chatsworth – Wed- Debbie S. GSR	x		Carlsbad - Sun		
Culver City - Wed			Escondido - Thur		
*Lakewood – Fri - Leah C. GSR	x		*La Mesa/San Diego – Tue- Yvonne R. GSR	x	
*Long Beach – Mon - Yukiko n. GSR	x		Linda Vista/San Diego - Fri		
*San Gabriel – Thur- Jerry W. GSR	x		Julian - Tues		
*Torrance – Sat- Maureen B. GSR	x		<b>Spanish Meetings</b> (6 groups)		
Torrance - Thur			Buena Park - Tue		
			*Downey – Mon, Tues- Letty R. GSR (Joined 11:22 a.m.)	x	
<b>North/Northwest</b> (2 groups)			*Pico Rivera - Mon-Fri- Maria N. GSR/Miguel R. ALT GSR	x	
Santa Clarita- Tues			*San Diego – Sun, Wed- Tanya F. GSR	x	
**Thousand Oaks- Thur			Santa Ana E17 - M, T, Th		
			Santa Ana W17 - M, W, Th		

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			Paramount - Mon		
<b>Orange County</b> (5 groups)			<b>Inland Empire Area</b> (8 Groups)		
*Brea/Fullerton – Wed - Joel M. GSR	X		*Barstow - Sun		
*Fountain Valley - Thur- Marilyn S. GSR	x		Claremont - Mon		
*Mission Viejo – Sun-Michelle B. GSR	x		*Hesperia - Thurs		
Orange - Mon			Moreno Valley - Tues		
*San Juan Capistrano-Sat			Ontario - Thur		
			*Temecula - Mon - V		
<b>Group changes since prior Assembly:</b>			Virtual Step Study - Thur - V		
Paramount/Downey- removed 6/7/22 closed			*IE Virtual - Wed – V-Rebecca PH. GSR	x	
Dana Point – Tue- CLOSED			<b>V= Permanent Virtual meeting</b>		
San Diego – Wed - CLOSED			<b>*=Active this year</b>		
			(Note – Torrance and Barstow added *)		
Add: Downey Tues, San Diego Sun/Wed & Paramount Mon					

### 1. Approval of Prior Minutes

- a. Consensus: To accept the minutes from July as presented- Motion by Dottie

### 2. Old Business

- a. Reminder that 7th Tradition donations can be made online on SoCal website or mail checks (payable to Nar-Anon Family Groups Southern California Region) to SoCal Treasurer: Andrea Lackey 21466 Dahlia Ct, Trabuco Canyon, CA 92679
- b. The Vice-Chair role is still open. Roxanne was elected as chair in April 2021, with the role as Vice Chair prior. Then, re-elected in Oct 2021 for a full term. Would like to rotate service, so please get the word out if anyone is interested. Her term is ending October 2023.

### 3. New Business

- a. WSO State of Affairs Memo: WSO is asking for our help. All groups and/or individuals please consider making a donation directly on the WSO website using the contribute button. Their prudent reserve is almost depleted. How can we help as a region? Send in funds in advance? <https://docs.google.com/document/d/1QTtPaBf-QZ9bSv-DaA7syTY4jEQ-s1Gb/edit?usp=sharing&ouid=101809344431613797520&rtpof=true&sd=true>

**\*Donations can be made on the donation button – one time or recurring.**

**\*Discussion and questions regarding the letter.**

- b. Gerber resigned as Website Chair. Debbie (GSR Chatsworth) was willing to serve as chair. At the RSC meeting on 9/19/22 Ken K. made the motion to nominate Debbie to be the Website Committee Chair. Trudi second. Motion will be taken to the Assembly for vote. Gerber will remain as a member of the website committee and will continue to assist after he's settled in his new place. Roxanne will assist with maintaining the website.

**\*Motion to elect Debbie as Website chair- 12 yes. Roxanne, Gerber & Ken are committee members.**

- c. GLS Regarding Outside Speakers:

[https://docs.google.com/document/d/1vZTvCl4aOY6AkkVj1n9iMeFZyZwnH\\_mCPYWfrcMB1aO/edit?usp=sharing](https://docs.google.com/document/d/1vZTvCl4aOY6AkkVj1n9iMeFZyZwnH_mCPYWfrcMB1aO/edit?usp=sharing) -

- d. ( 10:54 a.m. – Antonio joined Downey – Tues – Visitor )

- e. The RSC discussed on 9/19/22 the topic of outside issues, and referenced Tradition 10 – “The Nar-Anon Family Groups have no opinion on outside issues; hence, our name ought never be drawn into public controversy.” There was healthy discussion on what should or shouldn't be allowed. The committee felt at the Regional level we will adhere to Tradition 10 and keep with the spirit of anonymity; only first name, last initial, service position, home group & state or county should be shared on the screen. All other information (i.e. pronouns, backgrounds with outside saying or company logos, etc.) should not be displayed. –

- f. Discussion regarding delegate & Alt Delegate confirmation and/or extension to cover the 2023 WSC

**\* Angie S. was elected to serve as SCR delegate in November 2019 for the World Service Conferences. This is a (3) year commitment which covers (2) conference cycles.**

**\*Since the 2020 World Service Conference was postponed because of the pandemic, Angie has served on only one WSC. Therefore at the RSC meeting we asked Angie if she was willing to accept the responsibilities and duties of the delegate for the 2023 WSC.**

**This would include preparing motion tally forms and calculating votes from the groups, attending (5) days of the conference and practice sessions, participating in and speaking on all motions at the motions workshops for the region.**

**\*Motion to elect and verify the endorsement of Angie as the Delegate from the Southern California Region to the 2023 World Service Conference (WSC). This motion affirms that Angie's term will be in effect throughout the 2023 conference cycle.**

**- Motion by Joel – Second -Leah - – all in favor.**

\*Motion to verify the continued endorsement of Trudi C. as the SCR Alternate Delegate from the Southern California Region to the 2023 World Service Conference (WSC). This motion affirms that Trudi's term as alternate delegate (elected October 2021) will be in effect throughout the 2024 conference cycle.

Motion by Rebecca – Second – Yukiko - all in favor

\*Question from floor- Did the SCR present any motions to WSC 2023? No.

#### 4. Sub Committee Reports

- a. Website: Debbie S. – Reminder to make group updates at WSO and SCR websites. Committee will set up the next meeting by email. Training video is uploaded to YouTube. Email Debbie if you are on a subcommittee and want to update your own pages. SCR Sub-committees use the region Zoom account for meetings.
- b. Narateen: Ken K. – still have issues with background checks with Department of Justice. Forms are not clear. Waiting for response from DOJ. Ken called his assembly member for help. (2) Orientation meetings were held– had a nice turnout. Next question for the committee – Do we want to move forward?  
Committee needs help for outreach and other committee endeavors. Andie shared information about live scan that it can be shared through agencies. Facilitators – adult over 18 living in California. Some offer to pay their own background check. Need to be confident they can pass – email the committee if you are interested in being a Narateen facilitator. Ken will write a paragraph to give to CSR's to share with their groups.
- c. Finance: Andie L. - We will send \$1400 in World Service Conference funds that was approved at the July 2022 assembly and \$1500 for contribution for the 4<sup>th</sup> quarter. Trudi will send a check in order to save PayPal fees. Andie presented the 2023 budget.
- d. Outreach: Recap of 9/30 & 10/1 Outreach event at SCRCNA 43- 2022 SoCal Clean Conference in Ontario. Thank you to Inland Empire Virtual, Claremont, Mission Viejo, Temecula & Hesperia meetings for offering to be of service.  
Dottie M.-Outreach chair – Would like everyone to do outreach in their area – schools, libraries, laundromats. Looking for more ideas for the committee. Contact Dottie for information.
- e. Literature: N/A
- f. Narathon: Was successful reaching 3 countries, 16 states & raised \$2761. Link posted on SoCal website on Narathon page. Groups that attended shared positive feedback

#### 5. Delegate/Alternate Delegate Reports

- a. Angie M.: Announced P&G roundtable – quarterly meeting on October 22<sup>nd</sup>. Link is on the WS website.

- b. Trudi C.: Shared a Food for Thought – Groups asking new members “Who is your addict.” Look to the Guides for answers.

Shared thoughts on the conference motions with an example of a current motion. Please look at the motions carefully and follow through the effects of each motion. Some sound good but are confusing. Some list a motion with a different intent or rationale. Some are affecting group autonomy or principles. There is a story behind each motion. There will be motion workshops in Jan/Feb 2023. GSR’s will need to understand the motions in order to present the pros and cons to their groups to make informed decisions.

### 6. Open Discussion

- a. Roxanne B. – Maria F. and Roxanne B. updated directory – as much as possible. Changes are constant. Will verify again prior to next print.
- b. Leah C. – Where do we send historical items? (WSO – attention: History committee)
- c. Maria N. – Where do we go to update meeting information? (WSO and SCR websites)
- d. TBTM – Minutes go to Susan to highlight topics discussed.
- e. Request was made to include the donate button information in the TBTM report

### 7. Upcoming Meetings or events

- a. 2023 – All Assembly Dates – Saturday mornings – 10:00 a.m.
  - i. 1/14/23, 4/8/23, 7/8/23 & **10/14/23\*\*elections**
- b. 2022-2023 – All Regional Service Committee (RSC) Meeting Dates – Monday evenings 6:30 p.m.
  - i. 12/19/22, 3/20/23, 6/19/23, 9/18/23 & 12/18/23

8. **Motion to close:** motion to close meeting at 12:14 p.m.

9. **Closing** – Meeting adjourned with serenity prayer.

### **To Join ALL Regional Meetings:**

Join Zoom Meeting (click link)

<https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrLzFPUXBBWVM1QU1YaW1Edz09>

Meeting ID: 560 611 0072 Passcode: 374596812

Dial in by phone:

+1 669 900 6833 US (San Jose)

One tap mobile

+16699006833,,5606110072#,,,,,0#,,374596812# US (San Jose)

Attachments: (copy and paste if link does not open)

- **GSR Alt GSR Assembly Registration Forms:** All GSR's to complete for January Assembly or 1st Assembly attended yearly. This ensures we have the most current info.  
[https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a\\_615e77c8e6cf4ed1b645c29997069c70.pdf](https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_615e77c8e6cf4ed1b645c29997069c70.pdf)
- **Regional Assembly Sign In Form:**  
[https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a\\_a08e5a247e1745bba55fee9ee3d8e3ba.pdf](https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_a08e5a247e1745bba55fee9ee3d8e3ba.pdf)
- **Leadership information form:**  
<https://drive.google.com/file/d/1vCf2NbG985CjBEaj7LdWlvE5ujzUmU83/view>
- **Previous Assembly Minutes:**  
<https://drive.google.com/file/d/1k11-d0eXZacd14PkRyqOfnpt3JE-Ld5l/view?usp=sharing>
- **Financial Statement:**  
<https://docs.google.com/spreadsheets/d/1sUjn0Qm3CSXXej7m0AfOHiyQNoSUHJyN/edit?usp=sharing&ouid=101809344431613797520&rtpof=true&sd=true>
- **Budget: Including 2022 & proposed 2023**  
[https://docs.google.com/spreadsheets/d/1C4qM7dQtaSKbl3tlgF87SsS8t\\_omRP41/edit?usp=sharing&ouid=101809344431613797520&rtpof=true&sd=true](https://docs.google.com/spreadsheets/d/1C4qM7dQtaSKbl3tlgF87SsS8t_omRP41/edit?usp=sharing&ouid=101809344431613797520&rtpof=true&sd=true)