

# MINUTES

## SCR Regional Service Committee

June 19, 2023 6:30 PM. PDT

### Officers and Delegates

Chair:	Roxanne B.	X	Secretary:	Roseann R.	X
Vice Chair:			Delegate:	vacant	
Treasurer:	Andrea L.	A	Alternate Delegate:	Trudi C.	X

### Subcommittee Chairs

Subcommittee	Chair		Visitors (non-voting)	Home Group	
Narateen	Ken K.	X	Dottie- Outreach Committee member	Mission Viejo	X
Website	Debbie S.	A	Joel - GSR	Brea/Fullerton	X
Narathon	Group Collaboration	na	Michelle -GSR	Mission Viejo	
Finance	Trudi C.	X			
Outreach	vacant				
Area Service Reps	Chair		Service Positions	(non-voting)	
			Directory updates	Maria F.	A
San Diego	inactive		Email list/Group ID	Roxanne B.	X
			Take Back to Meeting	Susan H.	A
Registered - 7	Quorum - 4		Present - 4		

So Cal Regional Elections – October 2023

All members of Nar-Anon are welcome to observe. **Voting in a Regional Service Committee meeting is only done by the voting members.** Other members may speak given permission by the chair.

### Open meeting with Serenity Prayer

### Recording and Procedure:

- Poll those present. Do we have permission to record this call for those who are not able to attend? **yes**
- If approved, then enable call recording (\*91)
- Everyone - please silence your cell phones during the meeting.
- Ensure there is a host/co-host for this meeting.
- Please remain muted. Raise your hand virtually to speak and wait for the host to call on you.
- Ensure there is a secretary for this meeting
- Read the Traditions - #6 **TRUDI**
- Read Concepts of Service - #6 **TRUDI**
- Read the Service Prayer (below) - **ROSEANN**

- Service Prayer -

God, guide me to serve, grant me to help with your love, humility, and wisdom. Do not let my character defects interfere with my service that you may speak through me to be just a messenger of hope to the relative of the addict who still suffers.

- Roll Call
  - During Roll Call please announce your first name and position or visitors state your home group. Each RSC Officer, Delegate and Alternate Delegate, Area Representatives & Subcommittee Chairs have only (1) vote.

- Visitors

*MOTION TO AMEND THE AGENDA* and add to New Business

Roxanne motioned to amend the agenda to add recognizing a new family group out of Torrance called, Understanding Your Addict.

### 1. Minutes of March 27

- a. Stand as Read

### 2. Old Business

- a. October Assembly date will stay the same, October 14, 2023

### 3. New Business

- a. Chair stated there is a new family group out of Torrance called Understanding Your Addict. Val & Diana are the contact people. She will reach out and ask if they want to be part of the So Cal Region and give them a new group registration form.

### 4. Sub Committee Reports

- a. Website: Ken - No updates; everything running smoothly. Have not had any meetings.
- b. Narateen: **Ken** - There were problems with the DOJ portal. Needed passcode, but it expired; Ken will request a new one once he is back from vacation. The Spanish Columbia group will be starting a Narateen group. Spoke about issues on the WS Narateen committee.  
Still having a problem with people volunteering, but not showing up and following through,
- c. Finance: **Trudi** shared budget (attached)
- d. Outreach: No updates, End of June, Palm Desert NA conference at JW Marriott Hotel. We have two volunteers to man our table at each time slot, including the Nar-anon meeting Friday & Saturday.  
Trudi saw Esther and they will meet up to get the materials that our Region bought for Narathon events.

- e. Literature: A WS subcommittee will be forming to explore electronic literature based on results of the WSC.
- f. Narathon: Date set for Sept. 9, 2023. Timeframe will be 9am-12:30pm PST. Theme will be Embracing Today. Ken and Roseann will handle technology, Susan will handle the money as treasurer and speaker forms for the event. There will be six speakers, 3 Nar-anon, 1 Naratten & 2 NA. Trudi has a speaker named Debi, Joel from Brea will speak, Ken has 1 speaker & 1 Narateen and Dottie has 2 NA speakers. Schedule a 30 minutes allotment for each speaker including Q&A with one break in the middle. Roxanne will work on the timeline, agenda and forms, and Trudi will create a flier.

We would like to move towards an in-person conference for 2024, Need a team to organize the event.

- g. A suggestion was made to consider a day change for committee meetings, as our Treasurer, Andie, cannot make the meetings on Mondays. This should be discussed after the Oct elections to see what works best for the new group of leaders..

### 5. Delegate/Alternate Delegate Reports

- a. Trudi: A recap of each day's meetings was sent out to the Region during the conference. WSO conference will be every year now, Discussion at the conference investigating other service structures. All the motions and the decisions are on the WSO website. Thirty motions were pulled, but the rest passed. She also attended the Brea/Fullerton Anniversary meeting with over 100 people in-person. Great meeting. Requested to solicit more people to be of service.

### 6. Open Discussion

- a. Trudi suggested a rotation of who leads the RSC meeting & Assembly if a chair is not elected in Oct.
- b. An idea discussed at the last committee meeting was to have the Chair move to the Vice-Chair position to mentor the new Chair for the year. Another suggestion is to have the current Chair, Roxanne, be "on call" if the new Chair has questions. Roxanne outlined the duties of the Chair (agenda for both Committee and Assembly meetings, Check emails, sign on bank account, communicate with GSRs, Mailchimp blast.) Joel said he would be interested in the position. Roxanne motioned for Joel to be presented to the Assembly as a nominee for Region Chair; Trudi seconded. Passed unanimously. Roxanne motioned for Roseann to be presented to the Assembly as Secretary; Trudi seconded. Passed unanimously. Both Joel and Roseann will be presented to the Assembly meeting on 7/8/23 as nominees.

### 7. AGENDA BUILDING

- a. Electronic literature

- b. Service structure change idea
- c. Reminder we need nominees for positions, elections in October.

### 8. Upcoming Meetings or events

- a. 2023 - All Assembly Dates -Saturday mornings - 10:00 a.m.7/8/23 & **10/14/23\*\*elections**
- b. 2023 - All Regional Service Committee (RSC) Meeting Dates - Monday evenings 6:30pm, 9/18/23 & 12/18/23
  - i.

9. **Motion to Close:** Motion - Roseann Second - Roxanne

10. **Closing** - Meeting adjourned with serenity prayer.

**Meeting adjourned at - 7:08 pm**

### To Join the Regional Meetings

Join Zoom Meeting

<https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrLzFPUXBBWVM1OU1YaW1Edz09>

Meeting ID: 560 611 0072

Passcode: 374596812

One tap mobile

+16699006833,,5606110072#,,,,,0#,,374596812# US (San Jose)

Dial by your location

+1 669 900 6833 US (San Jose)

Meeting ID: 560 611 0072

Passcode: 374596812