

<h1>Agenda</h1>	<h2>Southern California Regional Assembly</h2> <p>January 13, 2024 10:00 a.m. PDT</p>
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Officers and Delegates

Chair:	vacant		Secretary:	Roseann R	
Vice Chair:	Ken K.		Delegate:	<i>vacant</i>	
Treasurer:	Andrea L.		Alternate Delegate:	Trudi C	

Subcommittee Chairs

Subcommittee	Chair		Visitors	Home Group	
Narateen	Ken K.				
Website	Debbie S.				
Narathon	Joel				
Finance	Trudi C.-interim				
Outreach	<i>vacant</i>				
Area Service Reps	Chair		Service Positions		
			Data Entry	Jennifer L.	
			Zoom Host	Ken K./Michelle B.	
			Take Back to Meeting	Susan S.	

So Cal Regional Elections – October 2025

All members of Nar-Anon are welcome. **Voting in a Regional Assembly is done by the GSR, Alternate GSR, or Substitute.** These positions are elected by your group conscience. Other members may speak when recognized by the chair.

Open meeting with Serenity Prayer –

Recording and Procedure:

- Poll those present. Do we have permission to record this call for those who are not able to attend?
- If approved, then enable call recording (*91)
- Everyone - please silence your cell phones during the meeting.
- Ensure there is a host/co-host for this meeting.
- Please remain muted. Raise your hand virtually to speak and wait for the host to call on you.
- Ensure there is a secretary for this meeting
- Read the Traditions -
- Read Concepts of Service -
- Roll Call

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- During Roll Call I will announce the role or meeting name, please respond with your first name, last initial and position. Each Group has only (1) vote - by GSR, Alternate GSR or Substitute.
- Are there any members here today attending for the first time in 2024? Please announce your name, your position & your group.
- Officers, delegates, subcommittee chairs
- Are there any visitors here today? If so, what is your name and home group? (record above)

{As of (insert date previous) Assembly registered TY-_____}

Southern California Region 2023			31 Groups in the Region		
Active/Registered This Year: __			In Attendance: __		
Quorum: __ (50% + 1)					
Los Angeles (7 groups)			San Diego Area (3 groups)		
Chatsworth – Wed-			Julian - Tues		
Culver City - Wed			Escondido - Thur		
Lakewood – Fri -			La Mesa/San Diego –		
Long Beach – Mon -					
San Gabriel – Thur-			Spanish Meetings (7 groups)		
Torrance – Sat-			Buena Park – Tue, Thurs.-Closed 12-23		
Torrance - Thur			Downey – Mon, Tues-		
			Pico Rivera - Mon-Fri-		
North/Northwest (2 groups)			San Diego – Sun, Wed-		
Santa Clarita- Tues			Santa Ana E17 - M, T, Th		
Thousand Oaks- Thur			Santa Ana W17 - M, W, Th		
			Paramount - Mon		
Orange County (4 groups)					
Brea/Fullerton – Wed -			Inland Empire Area (8 Groups)		

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Fountain Valley - Thur-			Barstow - Sun		
Mission Viejo – Sun-			Claremont - Mon		
San Juan Capistrano-Sat			Hesperia - Thurs		
			Moreno Valley - Tues		
			Ontario - Thur		
			Temecula - Mon - V		
Group changes since prior Assembly:			Virtual Step Study - Thur - V		
			IE Virtual - Wed – V-		
			V= Permanent Virtual meeting		
			*=Active this year		
Removed: Buena Park closed			(Note – added *)		
Add:					

1. Approval of Prior Minutes

- Consensus:
- October minutes are sent to WS Conference Committee for Interim World Service Conference of 2024 (IWSC) to confirm Delegate/Alt delegate.
- Agenda additions/changes

2. Old Business

- Reminder that 7th Tradition donations can be made online on SoCal website or mail checks (payable to Nar-Anon Family Groups Southern California Region) to SoCal Treasurer: Andrea Lackey 21466 Dahlia Ct, Trabuco Canyon, CA 92679
- GSR registrations -
- Election of Treasurer

3. New Business

- Nar-Anon History Flyer

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- b. Reminder - Groups update information on WS website and SC Regional website-January
- c. Culver City meeting-Share says they are open. Keep until we hear further?

4. Sub Committee Reports

- a. Website: Debbie – Buena Park meeting closed
- b. Narateen: Ken K. -
- c. Finance: *Note – There was additional \$ deposited into the bank changing the Narathon 2023 \$ collected to \$2,309.00
- d. Outreach: - (3) upcoming events in 2024. Looking for someone who would be willing to coordinate events for 2024. This would mean learning about NA conventions or other opportunities for outreach and contacting the group nearest the event to see if they could attend. There is an opportunity to attend the WS Outreach committee on Zoom to get and share ideas for outreach. Any other outreach ideas for the region would be welcome.

Outreach report for October 2023

I had a great time at the Convention Sat. from 10 until 5 pm. I was the only one there. But no problem. I enjoyed speaking with people and giving out directories and pamphlets etc. My son went with me and the parking was cheaper than what they had said in the beginning was only \$15.00

People would ask me all sorts of Questions – where is the rest room, where do I find some water to take some of these pills, where is the registration desk - Lots of those kind of questions. Two asked if we had meetings for Nar-Anon there.

One fella took my picture and was sending it to his Mother in Duluth who just lost her son to an overdose. Told him about the Hope After Loss group.

Some said they were helped by Nar-Anon. Some addicts said (2) oh my mom told me to leave and wouldn't answer my calls after she went to Nar-Anon.

One asked to mention his name to Cathy if she was still there. I did some crocheting making scarfs for Christmas.

Great hotel bigger than the one in Torrance, my son liked it. Had billiard room you could see them no doors was open space. Exercise room I didn't see it. Saw the pool and hot tub. Lots of eateries. The table was across from the main room for the meetings so people were milling around my area a lot. Take care. Maureen, WSO

- Service opportunity for the LA Area Save The Date **May 3, 4, 5 NA Friday Sat. Sun. Greater East Los Angeles Area NA Convention** 2024 Hilton 225 West Valley Blvd San Gabriel, CA 91776 **San Gabriel meeting will host.**

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- Hope all is well. Wanted to let you know NA reached out to me with the save the dates for the **Inland Region Convention in Palm Desert. It will be 6/14-6/15.** I can coordinate when we get closer to the date. Please let the GSRs know so they can mark their calendars. **Roxanne**

e. Literature: Fellowship Review is important if you want your voice to be heard.

f. Narathon: Joel –

5. Delegate/Alternate Delegate Reports

- a. Trudi: There are documents on the WS website for all Nar-Anon members to review and send their comments and suggestions before these documents are approved. Please visit the WS website under Fellowship Review literature.
- a. Interim World Service Conference will be held in April of 2024. Notices have been sent to GSR's to share with their groups. IWSC Common Welfare Topics – Due December 21, 2024 - (1) received and sent to WSCC:

A group feels that more and more people, especially younger people, now rely on social media. Therefore, they would like to see an increased social media presence by Nar-Anon as a means of outreach to inform others of its purpose and how to find Nar-Anon groups and services.

- b. Notices are sent to GSR's periodically - are you receiving them and announcing/discussing them at your group meetings?

6. Open Discussion

a.

7. Upcoming Meetings or events

- a. 2024 - All Assembly Dates -Saturday mornings - 10:00 a.m.
 - i. 1/13/24, 4/13/24, 7/13/24 & 10/12/24
 - ii. 2023-2024 - All Regional Service Committee (RSC) Meeting Dates - Monday evenings 6:30 p.m.
 - iii. 12/18/23, 3/25/24, 6/24/24, 9/23/24 & 12/16/24

8. **Motion to close:** motion to close meeting at _____

9. **Closing** – Meeting adjourned with serenity prayer.

To Join ALL Regional Meetings:

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Join Zoom Meeting (click link)

<https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrLzFPUXBBWVM1QU1YaW1Edz09>

Meeting ID: 560 611 0072 Passcode: 374596812

Dial in by phone:

+1 669 900 6833 US (San Jose)

One tap mobile

+16699006833,,5606110072#,,,,,0#,,374596812# US (San Jose)

Attachments: (copy and paste if link does not open)

- **GSR Alt GSR Assembly Registration Forms:** All GSR's to complete for January Assembly or 1st Assembly attended yearly. This ensures we have the most current info.
<https://drive.google.com/file/d/1xCAURa98QDQ4L-npCd5hOwVkrA0gXyEY/view?usp=sharing>
- **Regional Assembly Sign In Form:** https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_a08e5a247e1745bba55fee9ee3d8e3ba.pdf
- **Leadership information form:**
<https://drive.google.com/file/d/1vCf2NbG985CjBEaJ7LdWlvE5uJzUmU83/view>
- **Previous Assembly Minutes:**
- **Financial Statement:**
<https://docs.google.com/spreadsheets/d/1sUjn0Qm3CSXXej7m0AfOHivQNoSUhJyN/edit?usp=sharing&ouid=101809344431613797520&rtpof=true&sd=true>
- **Nar-Anon instagram** (www.instagram.com/naranonfgh/)