

Minutes	Southern California Regional Assembly October 14, 2023 10:00 a.m. PDT				
---------	--	--	--	--	--

Officers and Delegates

Chair:	Roxanne B.	X	Secretary:	Roseann R	X
Vice Chair:	<i>vacant</i>		Delegate:	<i>vacant</i>	
Treasurer:	Andrea L.	A	Alternate Delegate:	Trudi C	X

Subcommittee Chairs

Subcommittee	Chair		Visitors	Home Group	
Narateen	Ken K.	X	Antonio	Downey	X
Website	Debbie S.	X	Dottie	Fountain Valley	X
Narathon	<i>Collaboration</i>	n/a	Olga	Buena Park	X
Finance	Trudi C.	X	Gaby-GSR	Buena Park	X
Outreach	<i>vacant</i>		Barbara	Long Beach	X
Area Service Reps	Chair		Service Positions		
			Data Entry	Jennifer L.	X
			Take Back to Meeting	Michelle for Susan	X
			Zoom Host	<i>vacant</i>	

So Cal Regional Elections – October 2023

All members of Nar-Anon are welcome. **Voting in a Regional Assembly is done by the GSR, Alternate GSR, or Substitute.** These positions are elected by your group conscience. Other members may speak when recognized by the chair.

Open meeting with Serenity Prayer – ALL at 10:10a.m.

Recording and Procedure:

- Poll those present. Do we have permission to record this call for those who are not able to attend?
- If approved, then enable call recording (*91) **Yes**
- Everyone - please silence your cell phones during the meeting.
- Ensure there is a host/co-host for this meeting.
- Please remain muted. Raise your hand virtually to speak and wait for the host to call on you.

Minutes

Southern California Regional Assembly

October 14, 2023 10:00 a.m. PDT

- Ensure there is a secretary for this meeting
- Read the Traditions - **LEAH C.**
- Read Concepts of Service - **JOEL M.**
- Roll Call
 - During Roll Call I will announce the role or meeting name, please respond with your first name, last initial and position. Each Group has only (1) vote - by GSR, Alternate GSR or Substitute.
 - Are there any members here today attending for the first time in 2022? Please announce your name, your position & your group.
 - Officers, delegates, subcommittee chairs
 - Are there any visitors here today? If so, what is your name and home group? (record above)

{As of Oct 14, 2023 Assembly registered TY -17 }

Southern California Region 2023		32 Groups in the Region			
Active/Registered T: <u>17</u> In Attendance: <u>12</u> Quorum: <u>10</u> (50% + 1) New - 5					
Los Angeles (7 groups)			San Diego Area (5 groups)		
1	*Chatsworth – Wed- Debbie GSR	X	Carlsbad - Sun <i>closed</i>		
	Culver City - Wed	A	Escondido - Thur	A	
	*Lakewood – Fri - Leah C	X	*La Mesa/San Diego –	A	
2	*Long Beach – Mon - Yukiko Alt	X	Linda Vista/San Diego - Fri	A	
3	*San Gabriel – Thur- Shauna-alt	X	Julian - Tues	A	
4	*Torrance – Sat-	A	Spanish Meetings (7 groups)		
5	*Torrance - Thur	A	Buena Park - Tue, Thurs.	A	
			9	*Downey – Mon, Tues- Leticia GSR	X
	North/Northwest (2 groups)	A	10	*Pico Rivera - Mon-Fri- Miguel GSR	X

Minutes

Southern California Regional Assembly

October 14, 2023 10:00 a.m. PDT

	Santa Clarita- Tues	A		San Diego – Sun, Wed-	A	
	Thousand Oaks- Thur	A		Santa Ana E17 - M, T, Th	A	
				Santa Ana W17 - M, W, Th	A	
			11	*Paramount - Mon - Bibiana - Alt	X	
	Orange County (5 groups)			Inland Empire Area (8 Groups)		
6	*Brea/Fullerton – Wed - Joel M. GSR	X		Barstow - Sun	A	
7	*Fountain Valley - Thur- Marilyn S - GSR -	X		*Claremont - Mon - Ryan M.	A	
8	*Mission Viejo – Sun- Michelle-GSR	X		Hesperia - Thurs	A	
	<i>Orange - Mon - closed</i>			Moreno Valley - Tues - V-	A	
	San Juan Capistrano-Sat	A		Ontario - Thur	A	
				*Temecula - Mon - V -	A	
	Group changes since prior Assembly:			Virtual Step Study - Thur - V	A	
				*IE Virtual - Wed – V-	A	
				V= Permanent Virtual meeting		
				*=Active this year		
	Removed: Orange, Carlsbad			(Note – added *)		
	Add:					

I. **Minutes** - Stand as corrected - Old Business should read 2023

A. **Old Business**

Minutes

Southern California Regional Assembly

October 14, 2023 10:00 a.m. PDT

1. Reminder that 7th Tradition donations can be made online on SoCal website or mail checks (payable to Nar-Anon Family Groups Southern California Region) to SoCal Treasurer: Andrea Lackey 21466 Dahlia Ct, Trabuco Canyon, CA 92679
2. Service follow-up
3. Details have been updated on the website.
4. Recap of 9/16/23 Service Workshop: Only two regular members attended outside of the committee members. Workshop was recorded so encourage your members to listen for more information on what the positions entail.
5. The addition of Past Chair was approved at the Sept. 18 RSC. Proposal made by Joel M and seconded by Michelle. Passed unanimously.
Region Chair. Roxanne's term officially ends today. The position is vacant.

B. New Business

1. Data Entry Service position-RSC nominated and approved Jennifer L, effective immediately. Data Entry service position guidelines were emailed to us for review & approval. Also posted on naranonsocal.org website. Marilyn proposed to approve the Data Entry Service position guidelines as a fluid document. Yukiko seconded. Passed unanimously.
2. Nominations & Elections of Service Positions. (Next elections will be held October, 2025)
 - a. Region Chair - Roxanne listed the duties of the chair, which include: attending the quarterly RSC meetings, Assembly meetings and any subcommittee meetings, if necessary; conducting the meeting, reviewing minutes, making the agenda, updating the google calendar, take back to meeting updates; spot check website for accuracy, check the So Cal Region email, mailchimp, signer on checking account, member of Finance Comm. Joel had previously put his name forward for the position of Vice-Chair and eventual Chair position, but after further discussion with Roxanne, the decision was made to remain GSR to gain more experience before considering the Vice-Chair or Chair positions. Roxanne will remain on the checking account as needed until a permanent chair is found. Some of these duties can be split up to take all the responsibilities off the Chair.

Minutes

Southern California Regional Assembly

October 14, 2023 10:00 a.m. PDT

- b.** Ken agreed to be the Vice-chair and will facilitate the RSC and assembly. Trudi will assist with agenda and email, Jennifer L, will take over Directory and GSR list. Joel proposed the motion to elect Ken as Vice Chair; Leticia seconded. Passed unanimously.
- c.** Secretary: Roseann R. was nominated at the RSC and agreed to serve another term. Leah proposed to accept Roseann R. for the Secretary position. Seconded by Michelle; passed unanimously.
- d.** Delegate - attends WSO on behalf of our group. Trudi is alternate;
- e.** Trudi's term as alternate delegate is up in 2024 and will continue to attend the meetings and report back to the group. 2024 Interim WSO Conference: updates & confirmation of Delegate/Alt Delegate to attend. She can move into the Delegate position when her term as Alternate is up.

*Motion to verify the continued endorsement of Trudi C. as the Alternate Delegate from the Southern California Region to the 2024 World Service Conference (WSC). This motion affirms that Trudi's term as alternate delegate (elected October 2021) will be in effect throughout the 2024 conference cycle. Motion Yukiko, Second Marilyn. Approved to send intention to attend by December 31, 2023, pay equalized expenses of \$28.00 by December 31, 2023 and minutes showing election of continued endorsement of delegate/alternate by January 20, 2024,

- f.** 2023 WSO approvals: electronic literature & screen sharing. See the website for publications allowed to screen share.
- g.** Zoom Host - added at RSC - Michelle and Ken will host.
- h.** Subcommittee Chairs
- i.** Finance - Bank Account: procedure if positions are not filled. Proposal to keep Roxanne on account until position is filled made by Leah C. seconded by Leticia. Passed unanimously.
 - 1) Evaluation of Narathon 2023. Discussion about how much money was actually donated as a result of the conference or was some of it Tradition 7 donations that would have been made anyway. Total donations received was \$2,075 for the 2023 Narathon.

J. Narathon Chair - Joel M. nominated for Chair by Leah C. Leticia seconded; passed unanimously.

3. Sub Committee Reports

- a. Website: Debbie- next meeting will be December 18, 2023 after RSC meeting.
- b. Narateen: The holdup is still getting into the portal; Narateen Handbook which includes safety, training, and local laws is out for Fellowship Review and will be added to the CAT for 2025. Only sanctioned meetings by the WSO are true Narateen meetings. Some groups are not listed and may not be WSO sanctioned. There are a couple of groups from Canada and CA who want the age lowered to under 13 years old. Those groups have only one adult facilitator which is very concerning and not in accordance with the Narateen policies. Narateen is not equipped to handle that age group and those children should be referred to a professional counselor. The maturity level of that age group is also not appropriate for Narateen. Info on Instagram now.
(www.instagram.com/naranonfgh/) Good way to reach teens.
- c. Finance: Trudi shared financial information, link is listed below. Treasurer position will open up in January, 2024.
- d. Outreach: Need chair to coordinate events. Trudi nominated Leah for Outreach Chair, but she declined. Nomination of Jennifer - revisit after she has been in service for a while. Marilyn gave a recap of the Rehab Rally in Garden Grove. Nar-Anon had a table at the rally. Lots of services for addicts. Gave out some brochures. Many people did not know about Nar-Anon.
Next event is NA convention in Anaheim - Oct. 27, 28, 29. Jennifer L has contacted them and will have a Nar-anon table at the event.
- e. Literature: Trudi - Tradition 5 is out for review, Important to have input from all groups and to submit writings from our Region. Can review on the website. Due back by November 16.
- f. Narathon - Joel M. will be the new chair. Members agreeing to help: Roseann R, Dottie M, Jennifer L. and Leah C. He will set up a meeting.

g. Delegate/Alternate Delegate Reports

Trudi: New literature approved at WSC 2023. Name change from Board of Trustees (BOT) to World Service Board (WSB). Delegate responsibility involved discussing common welfare topics, Interim World Conf. Lots of changes in the Guide to World Services (GWS). New version is on the website.

Discussed the delegate challenge for the quarter - What is your freedom from the steps, traditions and concepts. Thanks to all the groups that participated.

Western Regions Convention - February 2024 - Need a volunteer to attend the meetings and report to the region progress and any needs. Roseann volunteered to attend.

Open Discussion

Susan, Mission Viejo - member Larry H. passed away recently.

Trudi will monitor email and website.

Yukiko - Question about the treasurer position - this comes up in January

● Upcoming Meetings or events -

2023 - All Assembly Dates -Saturday mornings - 10:00 a.m.

i. 7/8/23 & **10/14/23**elections**

2024 - 1/13/24, 4/13/24, 7/13/24, 10, 12/24

2022-2023 - All Regional Service Committee (RSC) Meeting Dates - Monday evenings 6:30 p.m.

ii. 12/19/22, 3/27/23, 6/19/23, 9/18/23 & 12/18/23

** 2024 dates & times will be selected by new RSC members.

Motion to close: motion to close meeting at 12:09pm

Closing – Meeting adjourned with serenity prayer.

Minutes

Southern California Regional Assembly

October 14, 2023 10:00 a.m. PDT

To Join ALL Regional Meetings:

Join Zoom Meeting (click link)

<https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrLzFPUXBBWVM1QU1YaW1Edz09>

Meeting ID: 560 611 0072 Passcode: 374596812

Dial in by phone:

+1 669 900 6833 US (San Jose)

One tap mobile

+16699006833,,5606110072#,,,,,0#,,374596812# US (San Jose)

Attachments: (copy and paste if link does not open)

- **GSR Alt GSR Assembly Registration Forms:** All GSR's to complete for January Assembly or 1st Assembly attended yearly. This ensures we have the most current info. https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_615e77c8e6cf4ed1b645c29997069c70.pdf
- **Regional Assembly Sign In Form:** https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_a08e5a247e1745bba55fee9ee3d8e3ba.pdf
- **Leadership information form:** <https://drive.google.com/file/d/1vCf2NbG985CjBEaJ7LdWlvE5uJzUmU83/view>
- **Previous Assembly Minutes:** https://drive.google.com/file/d/13OVwN6BUY7y6gsxs75CZ2UqYXxJyahyx/view?usp=drive_link
- **Financial Statement:** <https://docs.google.com/spreadsheets/d/1sUjn0Qm3CSXXej7m0AfOHiyQNoSUhJyN/edit?usp=sharing&oid=101809344431613797520&rtpof=true&sd=true>

Minutes

Southern California Regional Assembly

October 14, 2023 10:00 a.m. PDT

- Memo Adhoc Committee - Transition:

[https://drive.google.com/file/d/14Z5ch_J9VemJC9pl6Ss2xx9v31O-yMA/view?usp=drive link](https://drive.google.com/file/d/14Z5ch_J9VemJC9pl6Ss2xx9v31O-yMA/view?usp=drive_link)

- Memo Ad-hoc Call for Service:

[https://drive.google.com/file/d/166Uu66lg11a4XFU0owvRHKprnWxCek8-
/view?usp=drive link](https://drive.google.com/file/d/166Uu66lg11a4XFU0owvRHKprnWxCek8-/view?usp=drive_link)

- Nar-Anon instagram (www.instagram.com/naranonfgh/)