

Officers and Delegates

Chair:	Roxanne B.	x	Secretary:	Roseann R	
Vice Chair:	<i>vacant</i>		Delegate:	Angie M.	x
Treasurer:	Andrea L. (11:00)	x	Alternate Delegate:	Trudi C	x

Subcommittee Chairs

Subcommittee	Chair		Visitors	Home Group	
Narateen	Ken K.	x	Terryl-San Gabriel		x
Website	Debbie S.	x	Dottie-Mission Viejo		x
Narathon	<i>vacant</i>				
Finance	Trudi C.	x	Mae-alt LB		x
Outreach			Antonio-Downey		x
Area Service Reps	Chair		Service Positions		
Inland Empire	inactive		Directory updates	Maria F.	
San Diego	inactive		Email list/Group ID	Roxanne B.	x
			Take Back to Meeting	Susan S.	x

So Cal Regional Elections – October 2023

All members of Nar-Anon are welcome. **Voting in a Regional Assembly is done by the GSR, Alternate GSR, or Substitute. These positions are elected by your group conscience.** Other members may speak when recognized by the chair.

Open meeting with Serenity Prayer – 10:00 a.m.

Recording and Procedure:

- Poll those present. Do we have permission to record this call for those who are not able to attend?
yes
- If approved, then enable call recording (*91)
- Everyone - please silence your cell phones during the meeting.
- Ensure there is a host/co-host for this meeting.
- Please remain muted. Raise your hand virtually to speak and wait for the host to call on you.
- Ensure there is a secretary for this meeting – **yes (Trudi – substitute)**
- Read the Traditions – **Leah**
- Read Concepts of Service – **Debbie**
- Read the Service Prayer (below) – **Yukiko**
-

Minutes

Southern California Regional Assembly

January 14, 2023 10:00 a.m. PDT

God, guide me to serve, grant me to help with your love, humility, and wisdom. Do not let my character defects interfere with my service, that you may speak through me to be just a messenger of hope to the relative of the addict who still suffers.

- Roll Call
 - **During Roll Call Chair will announce the role or meeting name, please respond with your first name, last initial and position. Each Group has only (1) vote - by GSR, Alternate GSR or Substitute.**
 - Are there any members here today attending for the first time in 2023? Please announce your name, your position & your group.
 - Officers, delegates, subcommittee chairs
 - Are there any visitors here today? If so, what is your name and home group? (record above)

{January 2023 registered – 11 present – New 2023 Quorum 6}

Southern California Region 2023		34 Groups in the Region			
Active/Registered T: __ In Attendance: __ Quorum: __ (50% + 1)					
	Los Angeles (7 groups)		San Diego Area (5 groups)		
1	Chatsworth – Wed- Debbie		Carlsbad - Sun		
	Culver City - Wed		Escondido - Thur		
2	Lakewood – Fri - Leah		La Mesa/San Diego – Yvonne		5
3	Long Beach – Mon - Yukiko		Linda Vista/San Diego - Fri		
4	San Gabriel – Thur- Shannon		Julian - Tues		
	Torrance – Sat-		Spanish Meetings (7 groups)		
	Torrance - Thur		Buena Park - Tue		
			Downey – Mon, Tues-		
	North/Northwest (2 groups)		Pico Rivera - Mon-Fri-		
	Santa Clarita- Tues		San Diego – Sun, Wed-		
	Thousand Oaks- Thur		Santa Ana E17 - M, T, Th		

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			Santa Ana W17 - M, W, Th		
			Paramount - Mon - Olga		6
	Orange County (5 groups)		Inland Empire Area (8 Groups)		
9	Brea/Fullerton – Wed - Joel		Barstow - Sun		
7	Fountain Valley - Thur- Marilyn		Claremont – Mon- Ryan		10
8	Mission Viejo – Sun- Susan - alt		Hesperia - Thurs		
	Orange - Mon		Moreno Valley - Tues		
	San Juan Capistrano-Sat		Ontario - Thur		
			Temecula - Mon - V		
	Group changes since prior Assembly:		Virtual Step Study - Thur – V-		
	Removed:		IE Virtual - Wed – V- Rebecca		11
			V= Permanent Virtual meeting		
			*=Active this year		
	Add:		(Note – added *)		

1. Approval of Prior Minutes

- a. Consensus: Stand as corrected on 10/30/22 by GSRs via email (8 of 13 replied yes: Joel, Gerald, Rebecca, Debbie, Michele, Marilyn, Yvonne & Yukiko) Correction to update visitor Jennifer L as Secretary of Fountain Valley Group.

2. Old Business

- a. Reminder that 7th Tradition donations can be made online on SoCal website or mail checks (payable to Nar-Anon Family Groups Southern California Region) to SoCal Treasurer: Andrea Lackey 21466 Dahlia Ct, Trabuco Canyon, CA 92679.
- b. The Vice-Chair role is still open. Roxanne was elected as chair in April 2021, with the role as Vice Chair prior. Then, re-elected in Oct 2021 for a full term. Would like to rotate service, so please get the word out if anyone is interested. Her term is ending October 2023.

3. New Business

- a. Discussion regarding guidelines for who can join a SoCal Region subcommittee- Secretary for Narateen is from Central California; Comments: Should we be taking this one situation at a time. Are we setting ourselves up for conflict of interest with another region? Motion: Joel - *Allow others outside of the region to serve as an officer on a committee, to be evaluated by the RSC and/or assembly on an individual basis.* Second - Leah. Q- How do we proceed? Changed the motion to current terminology. Vote - 11 in favor
- b. Discussion regarding unused budgeted funds – don't need to spend \$ if not used
- c. Discussion on best practices for hosting hybrid meetings and technology needed. Comments: – hybrid meetings are difficult. Having a screen would be helpful. Brea/Fullerton- did hybrid but voted to terminate- a member brought a laptop and a speaker and microphone. Long Beach – a person with a laptop- needed to find a hotspot. Sometimes difficult to hear and find a hot spot. Had more in-person so hybrid was stopped. Suggested Requirements: Have a large enough screen – need a speaker/microphone combo with 360 capacity – WiFi at the facility or a hot spot. Good for a facilitator to check in with online members.
- d. BOT Nar-Anon State of Affairs Update. Ways we can support. Asking for 7th tradition, sending excess funds to WSO – Groups send around an envelope for extra donations.
- e. CAR Motions and workshops to discuss pros and cons – **Weds 5:00 p.m.** -10 motions each week. Central Calif reads motions on YouTube.
- f. Outreach Chair resignation – Dottie resigned at RSC. Leah would like the Outreach committee guidelines. Roxanne will send them to Website for posting.
- g. Open positions: Vice Chair, Narathon Chair, Outreach Chair & Literature Chair/Committee. Do we have a list of positions and explanations? On Member services page of the SCR website & is posted in the chat. NA members cannot serve in a voting capacity.
- h. Regional Zoom account may be used to host committee meetings, workshops or special events. Must reach out to socalregion@nar-anon.org for availability and to secure a date. Upon approval log in information will be provided. Scheduled events will be tracked on the Region's Google calendar.
- i. Pronouns- Discussion of assembly members on pronouns as an outside issue.

4. Sub Committee Reports

- a. Website: Debbie, Chair – automatic replies for requests on the website.
- b. Narateen: Ken, Chair – slowly making progress with DOJ. Talked with assemblyman and they are now helping to get through the process. Information for background checks is in a portal that we did not know about. Waiting to be able to log in to the portal. Chair would like a second person as a backup on the portal.
For Spanish speaking youths looking for Narateen –this will be open in Colombia. Some concern about recent lack of attendance in Narateen meetings. Need effort with outreach.

No in-person meetings yet. **Q** – Some afraid adults will report them. **A** – Will be addressed in training for facilitators – there are California laws for mandated reporting- if the child is in danger it could be reported to appropriate resources.

C. Finance: Andie, Chair –

- i. Update – Reviewed and discuss Financial information from 2022
 - ii. Vote on 2023 budget – Reviewed and discussed 2023 budget. Leah – Motion to approve the 2023 budget- Yukiko second. All approve (11)
 - iii. Treasurer's note – It would be helpful to NOT send money orders or cashier's checks to the treasurer – would prefer personal checks if possible. Thank you.
- c. Outreach: N/A
- d. Literature: N/A
- e. Narathon: Roxanne – Event is in September. We need a chair and/or a team. Last year it was a group effort. Volunteers – Susan, Dottie, (will check with other members) –

5. Delegate/Alternate Delegate Reports

- a. Angie M.:
 - i. Update – None
- b. Trudi C.:
 - i. Update – Tradition Challenge – GSR's shared how they are having more discussions on the traditions and concepts in their groups.
 - ii. Priority List – Trudi will send to Debbie to post on SCR website
 - iii. Motion workshops – Open to all members – Weds at 5:00 p.m. on SCR zoom

6. Open Discussion

- a. Zoom Translations for Spanish groups – check the event that is being presented.
- b. New members and any information changes please complete a registration form

7. Upcoming Meetings or events

- a. 2023 – All Assembly Dates – Saturday mornings – 10:00 a.m.
 - i. 1/14/23, 4/8/23, 7/8/23 & **10/14/23**elections**
- b. 2022-2023 – All Regional Service Committee (RSC) Meeting Dates – Monday evenings 6:30 p.m.
 - i. 12/19/22, 3/20/23, 6/19/23, 9/18/23 & 12/18/23

8. **Motion to close:** motion to close meeting at __12:35 p.m (Leah- Yukiko)_____

9. **Closing** – Meeting adjourned with serenity prayer.

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To Join ALL Regional Meetings:

Join Zoom Meeting (click link)

<https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrLzFPUXBBWVM1OU1YaW1Edz09>

Meeting ID: 560 611 0072 Passcode: 374596812

Dial in by phone:

+1 669 900 6833 US (San Jose)

One tap mobile

+16699006833,,5606110072#,,,,,0#,,374596812# US (San Jose)

Attachments: (copy and paste if link does not open)

- **GSR Alt GSR Assembly Registration Forms:** All GSR's to complete for January Assembly or 1st Assembly attended yearly. This ensures we have the most current info.
https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_615e77c8e6cf4ed1b645c29997069c70.pdf
- **Regional Assembly Sign In Form:**
https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_a08e5a247e1745bba55fee9ee3d8e3ba.pdf
- **Leadership information form:**
<https://drive.google.com/file/d/1vCf2NbG985CjBEal7LdWlvE5ujzUmU83/view>
- **Previous Assembly Minutes:**
https://drive.google.com/file/d/1lMbWNOdpyeeNXawSy25nREOTKYnkhL_/view?usp=sharing
- **Financial Statement:**
<https://docs.google.com/spreadsheets/d/1sUjn0Qm3CSXXej7m0AfOHiyQNoSUHjyN/edit?usp=sharing&ouid=101809344431613797520&rtpof=true&sd=true>