

MINUTES

Southern California Regional Assembly

April 9, 2022 10:00 a.m. PDT

Officers and Delegates

Chair:	Roxanne B.	x	Secretary:	Roseann R.	x
Vice Chair:	Vacant		Delegate:	Angie M.	A
Treasurer:	Andrea L.	x	Alternate Delegate:	Trudi C.	x

Subcommittee Chairs

Subcommittee	Chair		Visitors	Home Group	
Narateen	Ken K.	x	Antonio	Downey/Paramount	x
Website	Gerber G.	x	Miguel	Downey/Paramount	x
Narathon	Vacant				
Finance	Trudi C.	x			
Outreach	Dottie M.	x			
Area Service Reps	Chair		Service Positions		
Inland Empire	Roseann	x	Directory updates	Maria F.	A
San Diego	inactive		Email list/Group ID	Roxanne B.	x
			Take Back to Meeting	Susan S.	x

So Cal Regional Elections – October 2023

All members of Nar-Anon are welcome. **Voting in a Regional Assembly is done by the GSR, Alternate GSR, or Substitute.** Other members may speak when recognized by the chair.

I. **Open meeting with Serenity Prayer**

Recording and Procedure:

- Poll those present. Do we have permission to record this call for those who are not able to attend?
- If approved, then enable call recording (*91)
- Everyone - please silence your cell phones during the meeting.
- Ensure there is a host/co-host for this meeting.
- Please remain muted. Raise your hand virtually to speak and wait for the host to call on you.
- Ensure there is a secretary for this meeting
- Read the Traditions - Mike M.-Temecula
- Read Concepts of Service - Leah
- Read the Service Prayer (below) – Yukiko-Long Beach

God, guide me to serve, grant me to help with your love, humility, and wisdom. Do not let my character defects interfere with my service, that you may speak through me to be just a messenger of hope to the relative of the addict who still suffers.

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II. Roll Call

- During Roll Call please announce your first name, position representing your group, or visitor. Each Group has only (1) vote - by GSR, Alternate GSR or Substitute.
- Are there any members here today attending for the first time in 2022? Please announce your name, your position, your group, or visitor.

Southern California Region		2022	
37 Groups Total (# 13 GSRs Registered for 2022) Quorum = <u>7</u> (50% + 1)			
Los Angeles (8 groups)		San Diego Area (5 groups)	
Chatsworth - Wednesday-Elizabeth Alt	x	Carlsbad - Sunday	A
Culver City - Wednesday	A	Escondido - Thursday	A
Lakewood - Friday - Leah GSR	x	La Mesa/San Diego - Tuesday	A
Long Beach - Monday - Yukiko GSA & Suzanne Alt	x	Linda Vista/San Diego	A
San Gabriel - Thursday - Jerry GSR	x	Julian - Tuesday	A
Torrance - Saturday	A	Spanish Meetings (6 groups)	
Torrance - Thursday	A	Buena Park - Tuesday	A
Whittier - Monday	A	Downey - Monday - Letecia GSR	x
North/Northwest (2 groups)		Pico Rivera - M-F - Maria N. GSR	x
Santa Clarita- Tuesday	A	San Diego – Wednesday -	A
Thousand Oaks- Thursday	A	Santa Ana E17 - M, T, Th	A
Farsi (1 group)	A	Santa Ana W17 - M, W, Th	A
Encino - Monday (Farsi)	A		

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Orange County (7 groups)		Inland Empire Area (8 Groups)	
*Brea/Fullerton - Wednesday-Joel GSR	x	Barstow - Sunday	A
Dana Point - Tuesday	A	Claremont-Monday	A
* Fountain Valley - Thursday- Gerber	x	* Hesperia - Thursday Monique GSR	x
* Mission Viejo - Sunday -Michelle GSR Dottie-Alt	x	Highland - Tuesday	A
Orange - Monday	A	Moreno Valley - Tuesday	A
San Juan Capistrano-Saturday-Jason GSR	x	Ontario - Thursday	A
Costa Mesa- Monday -	A	* Temecula - Monday - V Mike M. GSR	x
		IE Virtual - V Rebecca GSR	x
Group changes since prior Assembly:		*= attend Assembly this year	
Paramount name changed to Downey only		Bold attended prior Assembly	
		V= Permanent Virtual meeting	
GROUP TOTAL: 13			

2022 ACTIVE/REGISTERED: 13 GROUPS IN ATTENDANCE: 13 QUORUM: YES (7)

III. MINUTES: (attached) Stand as read/corrected - Corrected with the following changes: Under New Business, Purpose of Literature Committee line 2 is WS not WSO

IV. OLD BUSINESS

- A. Reminder 7th Tradition donations can be made online on SoCal website or mail checks (payable to Nar-Anon Family Groups Southern California Region) to SoCal Treasurer: Andrea Lackey 21466 Dahlia Ct, Trubucco Canyon, CA 92679
- B. GSR's, please encourage service beyond the group level.

- C. Literature review deadlines have passed for the 4th Step workbook and Traditions 3 & 4
- D. Group/Meeting Visits & Updates

The Region Chair has reached out to most meetings. The recommendations for changes are listed below. Other meetings are still under review and requested assistance from Delegate Angie M. to reach out to the Spanish groups.

1. *Beverly Hills and North Hollywood* - no contact information, not on agenda, not on WSO site, remove from SoCal website:
2. *Encino Farsi* - WSO has stated the meeting is no longer active. remove from SoCal agenda & website:
3. *Highland* - No response from the group, WSO has them on hold, hasn't followed Nar-Anon Traditions for years, remove from SoCal agenda & website
4. *Orange*. No contact information, WSO has as on hold; remove from SoCal agenda & website: Trudi has contact information and will reach out before the group is removed.
5. *Whittier* Old contact information, already removed from the SoCal website. Remove from the agenda

Mike M. motioned to approve the removal of the groups above, and postpone the removal of the Orange group, pending Trudi making contact. Joel M. seconded the motion. Passed unanimously.

6. Trudi visited Lakewood & Jason visited the Costa Mesa meeting.
7. Roxanne sent calendar notifications to Assembly members, which serves as a reminder for the meetings. She will continue to do this for future meetings.
8. Wix Dues Vote 3/10-3/11/22 via email. Rebecca PH (Inland Empire Virtual GSR) motioned to have the SoCal Region Website Committee update our renewal for the Regional website with Wix from annual to biannually, at the rate of \$456, due on 3/21/22, yielding a \$96 savings. Gerber G (Fountain Valley GSR) second the motion. The 9 GSRs all voted in favor: Monique G/Hesperia, Mike M/Temecula, Debbie S/Chatsworth, Yukiko N/Long Beach, Joel M/Brea-Fullerton, Gerber G/Fountain Valley, Michelle/Mission Viejo, Letecia U/Paramount and Rebecca PH/Inland Empire Virtual.

V. NEW BUSINESS

- A. Vice Chair, Payge H, texted the Region Chair on 3/14/22 submitting her resignation. This was presented and accepted at the SCR Committee meeting on March 21, 22
- B. WSC invitation:

https://drive.google.com/drive/u/1/folders/1RMKnT4zngImYZFPLrB-Fmo6Ei80iF_P

Many members prefer in-person but are considering hybrid or virtual which can be especially helpful for members outside the USA due to cost and international restrictions.

VI. Area Reports

A. Inland Empire – update from 3/28/22 meeting

Roseann R. said that the group discussed possibly disbanding, as everyone who attends the IE group also attends the Regional Assembly. There does not seem to be a clear purpose for continuing the Area meetings. Outreach can be combined with the SCR Outreach committee and the IE area can continue any Outreach through that committee. Since there was not a quorum in attendance at the Area meeting, another meeting is scheduled for April 30, 10am. to discuss and vote. If the decision is to disband, the group will send the money to the SCR.

VII. Sub Committee Reports

A. Website: Gerber- Has held a couple of meetings. Brought Debbie/Chatsworth up to speed with the website. After evaluating the committee will not be able to provide individual login for committee chairs. They will be developing a form to submit to the Website committee for any update requests. Information must be copy-ready, so the Website committee can cut and paste into the website. Mike M. asked if there was access to the Hope After Loss information. Was this part of Naranon? Dottie stated there is a group called Solace For Hope, (maggie@solaceforhope.org). Roseann provided the website for the Hope After Loss group, which is part of Nar Anon: www.naranonhopeafterloss.org. Meetings are Wed & Sat 2pm ET and TH 8:30p ET. all meetings are 90 min. Meetings are virtual.

B. Narateen: Ken - There was a lot of interest from the survey he sent out for volunteers but then few showed up at the meeting. He will schedule two meetings at two different times in order to find out who is interested and to jump-start the committee. There are plans to possibly launch a Spanish meeting. Also, having difficulty getting through to the Justice Dept. to see if a 2nd person (Yukiko) can be added to the contact to verify background checks. Yukiko is NTPP. Suggested ages 13-19. He participated in the Rocky Mountain speaker meeting to share his story and the importance of Narateen for him. That region is very active, with speaker meetings 2x/month, open meetings every day of the week; lots of volunteers.

- C. Finance: Andrea presented the budget. (see attached) Joel M. motioned to accept the budget as presented Mike M. seconded. Passed unanimously.
- D. Outreach: Dottie - meeting held on March 2nd. Generated good ideas for outreach. (flyers, brochures, places to contact. Conventions coming up: IE Sept. 30-Oct. 2 in Ontario; San Diego, Nov. 25-27; Palm Desert, Riverside, San Bernardino Summer/Fall.
- E. Literature: no updates
- F. Narathon: Still have no chair, however, Roxanne, Ken and Roseann volunteer to be tech/hosts. Dottie will contact speakers. Ken will get teen speakers from Narateen. Can work as a team, rather than have one person as chair. Dottie will contact a person she thinks may take on that role. The date will be September 10, 9a-12, Virtual.

VIII. Delegate/Alternate Delegate Reports

- A. Angie/Trudi - Trudi inquired if there were any comments on the Service Structure Challenge that was sent out to all GSR's. Some shared and found that many members who have been part of Nar-Anon for a number of years had never seen the Service Structure before. This can be found in the Guide to Local Services on page 1-2 and it is downloadable on the World Service website. It was recommended that every group and every GSR have a current copy of both the Guide to Local Services and the Guide to World Services.

It is important that groups understand they vote on the motions for the World Service Conference. GSR's have a responsibility to understand the motions by attending the workshops in order to explain and answer questions from their group members.

A member announced Rocky Mountain holds a Traditions/Concepts study each Wednesday after their group meeting.

Trudi stated there is also a Traditions and Concepts study that has been going on for a number of years on the first and third Wednesday of each month at 5:00 p.m. pacific time. They have in the past also read through and discussed the Guides to Local and World Service. Contact Trudi to be put on the list if you would like to participate. (aka.tc@yahoo.com)

IX. Open Discussion

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- A. Ken stated that Nar-Anon is making more of an effort to accommodate handicapped members, especially for the visually impaired by providing a widget that is ADA compliant on the WSO site.

X. Upcoming Meetings or events

- A. All Assembly Dates -Saturday mornings - 10:00 a.m.
January 9, 2022, April 9, 2022, July 9, 2022 and October 8, 2022
- B. All Regional Service Committee (RSC) Meeting Dates - Monday evenings 6:30 p.m.
March 21, 2022, June 20, 2022, September 19, 2022 and December 19, 2022

1. **Closing** Motion to close meeting by Leah; seconded by Joel; passed unanimously to close meeting with Serenity prayer at 11:50.

To Join ALL Regional Meetings:

Join Zoom Meeting (click link)

<https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrLzFPUXBBWVM1QU1YaW1Edz09>

Meeting ID: 560 611 0072 Passcode: 374596812

Dial in by phone:

+1 669 900 6833 US (San Jose)

One tap mobile

+16699006833,,5606110072#,,,,,0#,,374596812# US (San Jose)

Attachments: (copy and paste if link does not open)

- **GSR Alt GSR Assembly Registration Forms:** All GSR's to complete for January Assembly or 1st Assembly attended yearly. This ensures we have the most current info.

https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_615e77c8e6cf4ed1b645c29997069c70.pdf

- **Regional Assembly Sign In Form:**

https://e8c97c56-bf99-43f2-b326-17d331d547df.filesusr.com/ugd/926a6a_a08e5a247e1745bba55fee9ee3d8e3ba.pdf

- **Leadership information form:**

<https://drive.google.com/file/d/1vCf2NbG985CjBEaJ7LdWlvE5uJzUmU83/view>

- **Previous Assembly Minutes:**

<https://drive.google.com/file/d/1RaEIj6UMrZf1jZrhOr8076C5XRyyA8wy/view?usp=sharing>

- **Financial Statement:**

<https://docs.google.com/spreadsheets/d/1sUjn0Qm3CSXXej7m0AfOHiyQNoSUhJyN/edit?usp=sharing&oid=101809344431613797520&rtpof=true&sd=true> (ALL FINANCIALS)

https://docs.google.com/spreadsheets/d/15SBQwedz-Tye5Snby1SS0gRF_ToYwMC_/edit?usp=sharing&oid=101809344431613797520&rtpof=true&sd=true (2022 BUDGET)